

## Green Screen ambassador certification

### Activity: fears and hopes of work on sustainable production

#### Description

Being an ambassador means implementing sustainable practices into your job and raising awareness among your team and industry. Thinking about it, what makes you enthusiastic, your hopes? In contrast, what do you feel could go wrong, your fears?

#### Objectives

- to release and share our emotions
- to better understand each other's situations and get inspired!

#### Lenght

30 minutes

#### Instructions

1. Introduce the goal and instructions of the game to the participants (5 min)
2. Form groups of around 4 people (4 groups max). Each group as a sheet of paper
3. Participants write their hopes and fears in 2 columns on their sheet of paper (10 min)

#### Questions :

Tomorrow on set, in your office, you are going to implement green measures :

- What makes you want to act? What would you like to happen? For instance, "By implementing this measure, I will make my workplace a healthier place". These are your hopes.
- But what are you afraid could happen when you try to enforce new measures ? when you talk to your colleagues about it? For instance "I'm afraid my colleagues will think I am annoying."

4. Restitution in plenary session (5 min max. per group)

Each group presents its fears and hopes to the bigger group. The audience will not react or answer. You can however show that you share the same hope or fear by raising your hands at your head's level and turning them when the speaker tells about it.

#### Material needed:

- one big paper for each group
- pens
- a timer