

# SOCIAL SEEDS

Interreg Europe



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**Dobry Dom Association- Professional Therapy Workshops-  
developing ideas, increasing employment and upskilling**

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**DOBRY DOM**

Leveraging Social Enterprises for a more resilient, inclusive and sustainable Europe,  
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# Introduction

- Association Dobry Dom – Good Home established in 1999 from the initiative of a group of disabled who were gathered in CARITAS Poland
- 2005 Official Opening of Professional Activity Workshops as a part of Dobry Dom
- **MAIN IDEA:**  
*The association achieves its goals by working for the benefit of people with disabilities and socially excluded*



The current activities are focused on implementing the aid system disabled people named **Center for Independent Living**

The system includes, among others:

- Department of Professional Activity (ZAZ) in Nowa Sarzyna
- Training flats
- Protected housing
- Revalidation, Educational and Educational Center
- Volunteering



## What is upskilling in this case?

- **Programs that provide people with skills, knowledge, and resources that empower them to eliminate damaging and stereotypical notions of disability so that they are able to strive toward realizing their full human potential.**

### Independent Living Skills

**Personal Hygiene**

**Dressing and Clothing Care**

**Health Care**

**Cooking, Eating, Nutrition**

**Home Management and Home Safety**

**Financial Management**

**Personal Growth, Awareness, and Problem Solving**

**Community Access**



## Establishment of Professional Activity

**Another segment of rehabilitation in its wide sense is the Occupational Activity Center established in 2005 under the Dobry Dom Association**

**What is upskilling in this case?**

**The activities of the departament are concentrated around proffesional-work and social- development**



**Investments in natural skills and development in fully paid work to prepare a person with disabilities to be active on the open labour market**

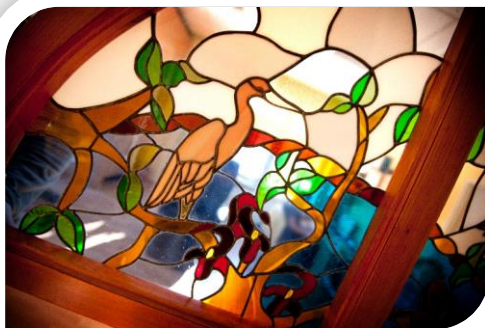


**By taking up activity in one of four workshops: carpentry, wickery, handcrafts, catering bakery and cooking services participants have the opportunity to upskilling without feeling excluded from public and professional life, rediscover their self esteem and usefulness**

# Working in Professional Activity Establishment:

- Ensures independent living in the society
- Influences professional educational and creativity development
- Facilitates proper rehabilitation
- Activate people with several disabilities especially those young who cannot live in their families or their partents already required special care themselves
- Enable living in full potential of the one who cannot have another opportunities in life
- Shows potential employers that disabled people are fully capable for work and creation of valuable products!





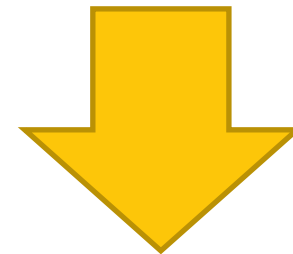
# Development of employment and activities

**Investment in human resources and gradual increase in employment requires development of infrastructure:**

- machinery**
- safety and working condition**
- permises modernizations**
- green energies**
- new business ideas and new activities on the market**



**Currently: investment in workstations and its safety descriptions new teaching methods and tools supporting of process of activation, education, tasks and development of professional competences among employees**



## Restaurant (project financed from ROP 2014-2020)

„Waiting room” – restoration of historical train station and change it to the local traditional restaurant where disabled prepare food and serve it – currently 20 more people found employment there working under the supervision of 6 coaches -the business is still growing serving traditional cuisine on the spot and to take away



Restaurant has become a place for family and private meetings, also popular among young people. It is a kind of brand associated with traditional food, good coffee and tasty desserts. in cooperation with local cultural institutions, vernissages and poetry evenings are organized by employees of the ZAZ, including those with disabilities. All these activities contribute to social integration and the change the stereotypical perceptions of people with disabilities.

## Pastry workshops „Sweet miracles” (project finaced from ROP 2014-2020)



**10 people with severe disabilities learn how to make the best pastry in the region with the supervision of 3 coaches-job trainers**

**The idea is to have a new workshop under the Occupational Therapy Workshops- bake cakes and all kind of pastry and sell it, including car delivery**



# Mission of DOBRY DOM ASSOCIATION

*„ There are around 5 million people in Poland affected by disability  
Disability changes and shapes all life.  
Everyday activities become a challenge, you need to remind yourself and others  
that a disabled person is a person full of dreams, hopes and desires.  
And their hidden talents are often amazing. Let's give them a chance to develop.*

*In our activities, we follow the principle:*

*We want to help giving a chance and development, a space for creativity –  
which lasts longer than any other kind of support- it gives independency.”*



# Social Seeds in Dobry Dom





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## Thank you!



*Project smedia*