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# Post Covid-19 Treatment in Hungarian Spas

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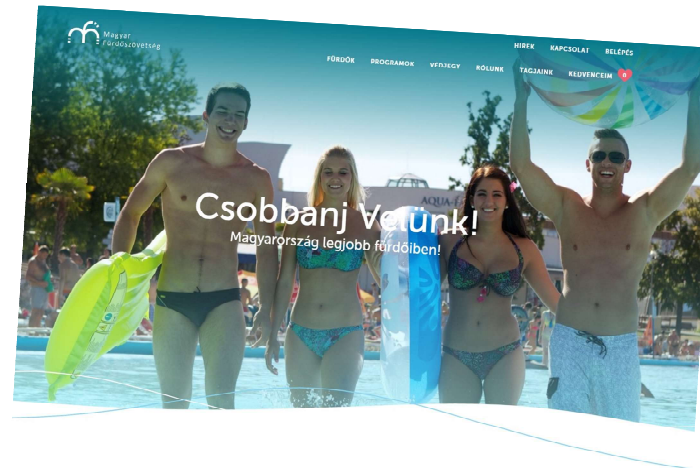
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14 June, 2022 Innova SPA webinar, Covid & Spa Therapy

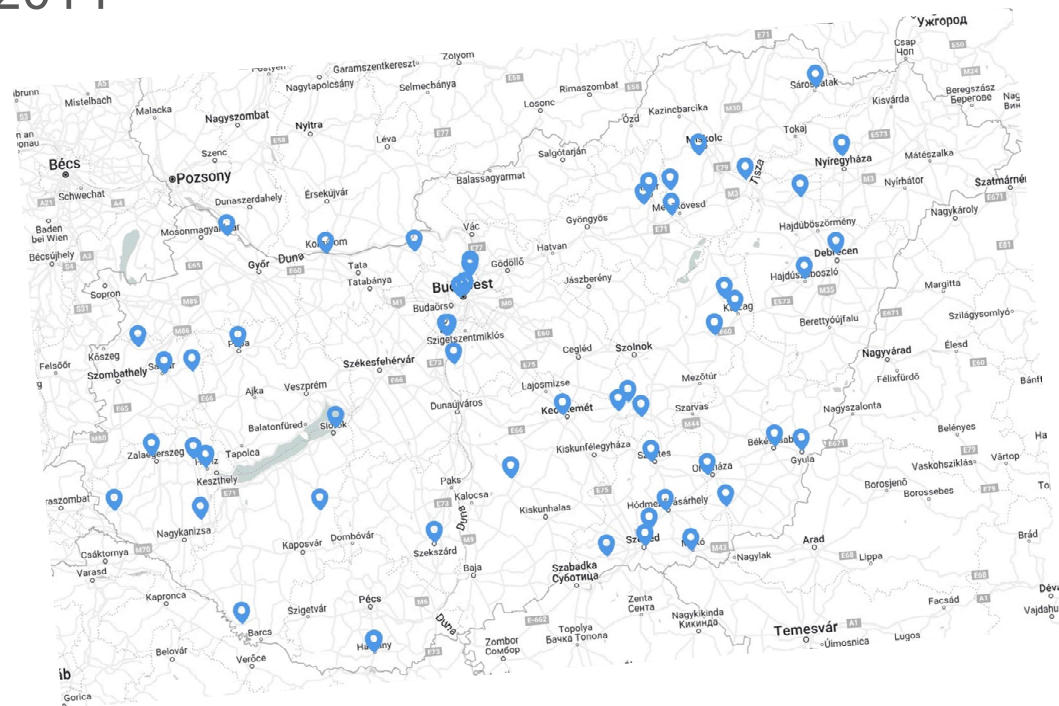
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# Spas in Hungary

- Hungarian Spa Association
- 113 members, 120 facilities
- 41 Medical spas
- National star rating system with 5 different categories since 2014



- Medical Spa
- Aqua Park
- Wellness Spa
- Open Air Bath
- Swimming Facility



# The role of spas in post Covid-19 treatment

- Hungarian Spa Association sent out the questionnaire to its 113 members
- 6 answers received
- 4 facilities still offer post Covid-19 treatments
  - Bükfürdő Thermal & Spa
  - Hévíz Therapy Centre & St. Andrew Rheumatological Hospital
  - Hungarospa Hajdúszoboszló
  - Zalakaros Spa
- 2 facilities plan to offer treatment shortly (Aquaticum Spa and Mezőkövesd Zsóry Spa)



# Bükkfürdő Thermal & Spa

- 18 acres, 34 Pools
- Open Air Bath
- Indoor Aqua Park
- Saunaworld
- Medical Wellness Centre
- Therapy Centre





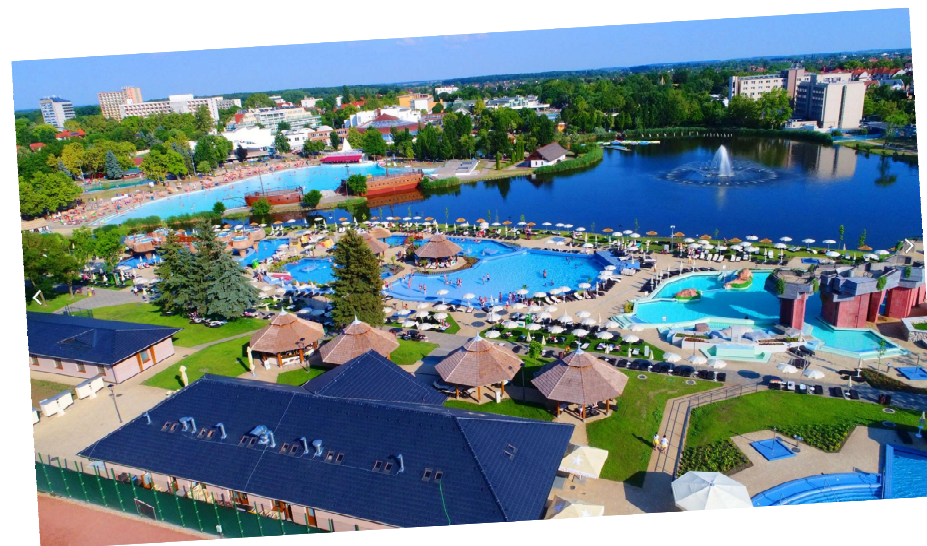
# Hévíz Therapy Centre & St. Andrew InnovaSPA Rheumatological Hospital

- Lake Hévíz
- St. Andrew Rheumatological Hospital
- Hotel Spa Hévíz\*\*\*\*
- Healthcare Services
- Recreation
- Rehabilitation



# Hungarospa Hajdúszoboszló

- Largest Spa Complex in Europe (30 acres)
- Open Air Bath
- Indoor Aqua Park
- Medical Bath
- Hotel
- Camping



# Zalakaros spa

- Open Air Bath
- Indoor Aqua Park
- Saunaworld
- Therapy Centre
- Hotel



# The most common treatments in spa's therapy centers

- Medicinal water bath
- Mud treatment
- Weight bath
- Water jet massage (tangentor)
- Carbonated water bath
- Hydrogalvanic treatment
- Therapy (individual, underwater group and dry)
- Therapeutic medical massage
- Electrotherapy treatments (magnetic sheet - 'BEMER' bed, ultrasound, laser and current stimulated treatments)
- IBR system (physiotherapy)
- Salt therapy



# Some features of available post-Covid treatment

|                    | Bükfürdő                | Hévíz                   | Hajdószoboszló          | Zalakaros               |
|--------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Since when?        | Sept. 2021              | March 2022              | February 2022           | 2022                    |
| Package available? | No                      | Yes                     | Yes                     | Yes                     |
| Duration           | Not determined          | 7 or 14 nights          | 6 nights                | 8-15 treatments         |
| Who pays the bill? | Patient/Social Security | Patient/Social Security | Patient/Social Security | Patient/Social Security |
| Individuals/Group  | Individuals             | Individuals             | Individuals             | Individuals             |
| Promotion          | Website/FB              | Website                 | Website/FB              | Social media/TA         |
| Studies?           | No                      | No                      | No                      | No                      |
| Follow up?         | Not yet                 | Yes                     | Not yet                 | Not yet                 |

- Prices are incomparable
- Aquaticum spa in Debrecen and Zsóry spa in Mezőkövesd also plan to introduce similar treatments shortly

# Conclusions

- Post Covid-19 treatments are available in Hungary in at least 4 spa facilities
- Traditional methods are applied to treat post Covid-19 symptoms
- Packages are mainly offered for foreigners
- Spas use 'traditional' promotional media (website, social media)
- Depending on the situation the patient and/or the Social Security Fund cover(s) the cost of the treatments
- No scientific evidence exists as yet regarding the effectiveness of the treatments
- No data was provided regarding the number of patients treated in post Covid-19 programmes



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## Thank you!

Questions welcome



*Project smedia*

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